

Most Worshipful Prince Hall Grand Lodge of the Jurisdiction of North Carolina

Medical Health Care Team Annual Report

For 2005-2006

The Grand Lodge Medical Health Care Team of the MWPHGL of the Jurisdiction of North Carolina submits its 2005-2006 Annual Report. We have had a very active and successful year participating in various community based projects and health fairs throughout the jurisdiction. We were able to participate in various community-based projects on behalf the MWPHGLNC and successfully launched our state-wide lecture series.

Community Health Fairs:

- Carolinas Health Systems- performed physicals to uninsured citizens of Mecklenburg County, 12/06.
- Sparkling Diamond Lodge #373, Charlotte, NC- performed free health screens and physicals to uninsured and indigent persons in the city of Charlotte, 2/06.
- Grace Medical Clinic - helped organize a pre-school health fair and perform free physicals to school aged children, 7/06.
- The Shop (Barber Shop/College) - organized a pre-school health fair and participated in performing free physicals to children in the community. We gave away backpacks with notebooks and pencils, 8/06.
- Right Touch Community Resource Center, Greensboro, NC- performed health screens, physical examinations for underserved teens/adults. Mentored elementary children in science and math, 10/06-present.
- Jerusalem Lodge # 96 sponsored Health Fair in Ahoskie, NC

Health and Nutrition Lecture Series:

- MWPHGL #33 District Meeting- First Aid training
- Burlington Community Service Center, Burlington, NC- Lecture: *Colorectal Cancer, Erectile Dysfunction and Treatment Options*
- St. Marks Missionary, Rockhill, SC- Lecture: *Diabetes and Multi-organ system complications, Prostate Cancer, Hypertension and Blood Pressure Monitoring*
- Cornerstone Ministries, Mint Hill, NC- Lecture: *Prostate Cancer, Hypertension and Blood Pressure Monitoring*
- Sparkling Diamond #373, Charlotte, NC- (*Multiple lectures*)
- Perfect Ashler Lodge # 63 Winton, N.C.- Lecture: *Health and Nutrition*
- Carthage Lodge # 38- Lecture: *Health and Nutrition*

We offered lectures and First Aid training to the Eastern and Western Masonic Regions this year. The lecture series is setup to give a health care lecture(s) and/or a training session on one or a combination of topics: Prostate Cancer, Hypertension and Blood Pressure Monitoring, Diabetes and Multi-organ system complications, Colorectal Cancer, Health and Nutrition, Erectile Dysfunction and Treatment Options, General Health Maintenance and First Aid Instruction.

In addition, we are in the process of including Breast Cancer Screening and Detection for the Order of Eastern Stars (OES) Organization and will gradually phase in OES District Meetings over the next 12-24 months. We are working on offering one lecture/training session in each Masonic Region (Western, Eastern, Piedmont and Coastal) per year, preferably during a District Lodge Meeting where more of the local members in a particular Region can benefit from the lecture/training session.

During the 2005-2006 year, the Grand Lodge Health Care Team started planning for the 136th annual Grand Lodge session in February 2006. We were able to get commitments from Dr. Keisha Gibson, Dr. Dennis Myers, Dr. Kevin Lee, Dr. Sanoff, Nurse Practitioner (NP) April Richardson, NP Sandra Keys and NP John Rancy to participate as health care providers in addition to myself. We had 6 Registered Nurses to commit for assisting during the weekend as well.

Plans were made to have 5 mini-clinics running during the 136th Grand Lodge Session this year, they included: General Physical Screening, Prostate Screening, Musculoskeletal Screening, Dental Screening and 2 Registered Nurses to assist OES members in proper Self-Breast Examination techniques. We planned to use 2 RNs for blood pressure screening and 2 RNs for blood sugar screening. Dr. Cosmo Kenton was to give Nutritional Consultation. We had donated diabetic equipment from one of the drug companies. Display tables for Breast Cancer, Prostate Cancer, Nutrition, Diabetes and other topics for a total of 8 displays were to be present.

Unfortunately, due to financial constraints of the Grand Lodge, sufficient space could not be provided for us to conduct a successful comprehensive Health Fair as described above. The decision was made to cancel plans for this year and reassess for next year's Grand Lodge session.

As we are very disappointed that we were unable to provide the Health Fair this year, particularly after the success of last year's event, with the early detection of (3) three biopsy proven prostate cancers, (1) one highly likely testicular cancer (person did not follow-up with provided physician) and multiple high blood pressures and high blood sugar readings. Nevertheless, we will approach next year's session with as much vigor and enthusiasm and plan to be more active and provide more services to the members of the MWPHGL of NC.

Recommendations/Requests for the 2006-2007 year:

- 1- We are excited to introduce Bro. Dr. Dennis Myers (Chiropractic Specialist) and Bro. NP John Rancy (General Nurse Practitioner). These young men are licensed health care providers and have committed and/or participated in one or more of the Health Care Teams events. We request official appointments onto the Grand Lodge Health Care Team. (Dr. Myers' and NP Rancy's information attached).
- 2- We need to plan adequate space at the yearly Grand Lodge sessions and yearly resources (monetary budget) with the Executive Board and/or planners of the Grand Lodge yearly sessions in order to provide comprehensive services to the members of this Jurisdiction.
- 3- Members of the Grand Lodge Health Care Team will plan fund-raisers and elicit donations from various sources, including individual Prince Hall Masonic Lodges and members.

We the members of the MWPHGLNC Health Care Team submit this as our official annual report to be accepted in full. Please feel free to contact me at 704-965-4267 or lvgray3@hotmail.com to review/discuss Dr. Myers' and NP Rancy's attached information.

Thank you,

Dr. Cosmo C. Kenton, ND, Medical assistant of the MWPHGL of NC

Dr. Lee V. Gray, MD, Medical Director of the MWPHGL of NC